

WEEK SIX

CONNECTING TO CREATION: EXPERIENCING AWE IN NATURE



AWAKE (5-10 MINUTES)
CHECK-IN
INTRODUCTION



AWARE (10-15 MINUTES)
THE WHY
JOURNAL



ALIVE (20-25 MINUTES)
PRAYER WALK



ABIDE (10 MINUTES)
CENTERING PRAYER



ARISE (5-10 MINUTES)
REVIEW HOME PRACTICES
CLOSING BLESSING